



*“From Where I Sit ...”*

## **Surviving the “Stay at Home” Mandate!**

Most of us are caught in the middle of the tug-of-war that mandates us to stay at home while yet attempting to attend to those responsibilities that take us out of the home. I don't know about you but trying to stay at home is a tough challenge! The good news is that we're becoming accustomed to it and it seems that our staying more at home is working!

One of the challenges I had to address was the emotional burden borne from this crisis. Needing to keep up with the issues of the day required me to monitor reports from the various news outlets and the enormity of the pandemic and its associated impact on our economy added to my emotional burden. Like many others I too have had up days and down days. Yes, I'm admitting my humanity and the realization of the simple fact that this is a dangerous time that can only be faced with our faith.

However in my reflections, I remembered a 2017 news article in my hometown weekly newspaper drawn from the internet titled “Tips to help deal with burdens of life” and I thought I would share a few that might during such a “time as this” bring some reflective thought or humor to you as it did for me:

- *Drive carefully. It's not just cars that can be recalled by their maker.*
- *Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.*
- *When everything's coming your way, you're probably in the wrong lane.*
- *Always keep you words soft and sweet, just in case you have to eat them.*
- *Remember! It's the second mouse that gets the cheese.*
- *Never buy a car you can't push.*
- *If you lend someone \$20 and never see that person again, it was probably worth it.*
- *If you can't be kind, at least have the decency to be vague.*
- *Birthdays are good for you. The more you have, the longer you live.*
- *A truly happy person is one who can enjoy the scenery on a detour.*
- *Accept that some days you're the pigeon, and some days you're the statue.*
- *You may be only one person in the world, but you may also be the world to one person.*
- *We can learn a lot from crayons... Some are pretty, some are sharp, and some are dull. Some have weird names, and all are different colors. But they all must live in the same box.*

I hope these nuggets have been helpful. We may not be able to change the time in which we are living, but with a grounded faith and little humor, we can do something about the way in which we live. *Or at least that's the way it looks to me ...*

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